

# REBELS!

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**I love you**

I love you!

An amazing question. Isn't it? What is love?

Well, someone asked, "Where is love made?" They said love is made in China. There is no guarantee till when will it last!

On a serious note, people have a very shallow understanding of love. It takes three seconds to say I love you. As simple as that. Just a mere three seconds. It takes three hours to explain I love you, and an entire lifetime to prove I love you!



Three seconds to say, three hours to explain and a lifetime to prove. Interesting, isn't it?



If someone says I love you and is only thinking of himself or herself, then the very love is questionable.

Therefore love means sacrifice! Yup, it does!

Unless one is willing to give up his selfish agenda, what kind of love is it?

Let's consider a situation: A girl loves a boy or a boy loves a girl and really they have affection for each other, and that would truly be called love if the guy is a alcoholic and the girl doesn't like intoxication, and the guy is willing to stop consuming alcohol for rest of his life. The sacrifice that this boy does for girl is love. Else anybody can say that I love you. It hardly takes three seconds to say. Isn't it?

Thus it takes three seconds to say, three hours to explain and a lifetime to prove it.

Anybody can sacrifice for a particular moment, saying that I love you, but to keep that commitment for a lifetime proves that he/she actually loves the other person. That is love!



Let us consider another case: A guy's mother was a chain smoker. Well, she was a typical American lady. When we hear it, it's a little funny for us as we generally don't have females being chain smokers in India, though the trend has been emerging of late. But in the American society, it's quite normal. This guy, aged around eight had a dislocated shoulder and was admitted in the hospital. The mother was smoking cigarettes in the hospital room. He told his mother that it was hurting him. She felt very bad that because of her, her son is feeling uncomfortable. She went outside, felt guilty and took a vow to quit smoking. From that day onwards, she never picked up a cigarette. Now, that's some serious sacrifice. Though I have never tried a cigarette in my lifetime, the people whom I have interacted with say that addiction to a cigarette is not easy to give. Not at all. Not that the mother didn't want to smoke, but she made a sacrifice. This smoke hurts the object of my love and hence I will stop this. That's love, ladies and gentlemen. Sacrifice!

And the third aspect of love is service. You say, "I love you." The other person asks you to do something. You reply, "No, but I love you." The other



person again pleads, “Please do this for me. I really need you help.” You reply with a smile, “No, but i love you.”

Now, is there any meaning to the line I love you? I love you means service!

Once a couple went to a marriage counsellor. The husband complained that he didn't feel any love for his wife. The counsellor told him, “Then love her.” The husband repeated, “But sir I am telling you. I don't feel it.” The counsellor repeated, “Then love her.” The husband shouted, “But sir, I am telling you. I don't feel it.”

The counsellor repeated yet again, “Then love her.” The man was getting frustrated.

The counsellor replied, “Love is not a feeling, it is a work. It is an act.. It is an act to do something. It is an act to serve!”

Everybody wants to love, and to be loved. Today, people are yearning for things and more things, but their heart can only be satisfied by love.

So love means selflessness, sacrifice and service! The next time you say I love you to somebody, ask yourself if you do really mean it.

by Aman Kashyap



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